

**Sandwell Health and Wellbeing Board
30th June 2021**

Report Topic:	Sandwell Good Mental Health strategy
Contact Officer:	James Cole, Black Country and West Birmingham Clinical Commissioning Group
Link to board priorities	<p>Please include in your report how your work links to one or more of our board priorities:</p> <ol style="list-style-type: none"> 1. We will help keep people healthier for longer 2. We will help keep people safe and support communities 3. We will work together to join up services 4. We will work closely with local people, partners and providers of services
Purpose of Report:	<ul style="list-style-type: none"> • To present the 9 Promises for the Mental Health Strategy • To highlight actions taken to date • To secure the strategic engagement of the Health and Wellbeing Board.
Recommendations	<ul style="list-style-type: none"> • To endorse the 9 Promises • To endorse next steps • To present final strategy and action plan to the board before official launch in 2022

<p>Key Discussion points:</p>	<ul style="list-style-type: none"> • The 9 promises are the consolidation of public feedback garnered from the State of Sandwell report conducted by Changing Our Lives in 2019/20 and reflect key strategic priorities detailed in the NHS Long Term Plan and West Midland Combined Authority Thrive Programme (1,2) • The strategy and plan should be considered as part of a suite of strategies, including Suicide Prevention, Autism, Dementia and Child Mental Health and their interdependencies acknowledged (4) • The board is invited to offer feedback on the draft promises and consent to a formal stakeholder and public engagement plan commencement with a view to formal launch by end March 2022. • The promises and any subsequent action plan reflect work already commenced and will be a lever for the delivery of effective change (3).
<p>Implications (e.g. Financial, Statutory etc)</p>	
<p>Sandwell MBC is a key strategic partner for both the Black Country STP and the West Midlands Combined Authority. Health services and their commissioning are now aligned across the Black Country following the merger of Sandwell and West Birmingham CCG and the Black Country Healthcare NHS Foundation Trust.</p> <p>The NHS Long Term Plan sets out an ambitious programme of transformation for mental health services and sets out a number of strategic priorities and a programme of funding to support their delivery.</p> <p>The Good Mental Health strategy will ensure that Sandwell retains a stake in the delivery of these priorities by holding commissioners and providers to account and linking large strategic programmes to local corporate plans (Sandwell 2030)</p>	

Good mental health as an outcome is key to the delivery of an effective suicide prevention plan, better parity of esteem for people of all ages, reasonably adjusted services for people with autism, workforce wellbeing and support for carers.

What engagement has or will take place with people, partners and providers?

Covid-19 has prevented a formal programme of engagement, but through the multi-agency stakeholder group that meets bi-monthly and working with the People’s Parliament we have used the available intelligence to construct the draft promises around which the action will be formed. The ‘State of Sandwell’ report was a formal piece of public engagement specifically commissioned to identify key themes for the Sandwell population when it comes to their mental health.

As part of restoration, and with the approval of the board, the group will commence a programme of planned engagement with public and stakeholders, to shape the final version.

APPENDIX 1

SANDWELL'S GOOD MENTAL HEALTH STRATEGY OUR PROMISES

SANDWELL WILL BE A MENTAL HEALTH AWARE COMMUNITY

- Mental health is a strategic priority
- Communities will be supported to access the means to look out for each other
- We will increase mental health literacy through training opportunities for non-professionals (eg MH First Aid)
- Communities will take a lead in service development

THINK ALL AGE

- Remove barriers to support because of a person's age.
- Ensure children approaching adulthood are supported through those transitions, especially those most vulnerable and in our care.
- Older people shall receive service appropriate to their needs and free from discrimination.
- More older people shall access talking therapies and be considered equal in the planning of services.
- The good mental health strategy will link closely with the SANDWELL DEMENTIA STRATEGY and

AVAILABLE WHEN YOU REALLY NEED IT

Not all services will be open at all times, but when a person requires a response that cannot wait, we will ensure it is available 24/7

ZERO SUICIDE

We will strive to deliver a SUICIDE PREVENTION STRATEGY for Sandwell aimed at ensuring nobody dies from suicide and a delivering high quality depression and crisis care.

RECOVERY

Everyone's needs will be considered based on what is a meaningful recovery means to them and support will always look to help achieve this. Where possible give people access to the means to design their own care and support.

EXPERT RESPONSE

People needing help can expect that whoever they look to for support will be equipped to provide them with the best possible response. People in all sectors, including volunteers, will have access to high quality training and supervision to do their job to the best of their ability. Ensure the workforce is supported to maintain their own good mental health.

TACKLE THE CAUSES OF POOR MENTAL HEALTH

Commitment not only to help those struggling a mental health problem, but support those individuals and services working to prevent difficulties through improving people's lives. Work with local system partners to address LONELINESS & ISOLATION.

SAFE PLACES

We will create spaces where people can go to feel safe and get access to the range of support they may need to give them back control and push for all communities to be able to safe and pleasant recreational places that enable good physical and mental health.

